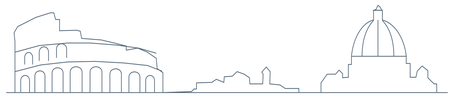
EATA RESEARCH CONFERENCE 2026

Toward Evidence-Based Transactional Analysis: Past, Present, Future



FRIDAY 11 DECEMBER 2026

DRAFT PROGRAMME

Updated 25 October 2026

Schedule and session details may be subject to change.

Time	BUILDING 1 - ADMINISTRATION BUILDING		VIRTUAL ROOM	BUILDING 2 - FSE FACULTY							
	Ground Floor			First Floor	Ground Floor		First Floor				Ground Floor
	Aula Magna - Paolo VI	Aula 2		Aula J. Vecchi	E01	E05	E12-13	E14	E15	E11	T01 - Aula Zatti
09:00	**WELLCOME** Wellcome and Greetings from EATA President's and Italian Presidents										
10:00	**KEYNOTE SPEECH | 60/90 min*** **Biljana Van Rijn** Dead Model Walking? Why Reports of Decline of Transactional Analysis Psychotherapy Were Greatly Exaggerated										
11:00 - 11:30	**COFFEE BREAK**										
11:30 - 13:00	**PANEL | 90 min** **Moniek Thunnissen, Joel Vos** What are we actually researching? An interactive panel discussion on TA questionnaires & a call to action	**PANEL | 90 min** **Foschi Sara, José Manuel Martínez Rodríguez, Florenta Turlea, Jorge Martínez Fernández, Verónica Aguado Rodríguez, Sabina Mateo León, Blanca Fernández Rodríguez** Efficacy, Effectiveness and Efficiency of Transactional Analysis for the Improvement of Mental Health and the Treatment of Mental Disorders. A Systematic Review 1961-2024.	**WORKSHOP ONLINE | 90 min** **Remfrey Foote Carol** Transactional Analysis (TA) focus on the theory and practice of using Outcome Measures (OMs) **Zoom channel 3** **SIMULTANEOUS ACCESS** **Zoom channel 1** **Aula Magna - Paolo VI** **Zoom channel 2** **Aula 2**	**STRUCTURED DISCUSSION | 60/75 min*** **Luciani Manuel, Gurrado Cesare, Boschetti Desirée; Dello Ioio Remo; Parizzi Beatrice; Piccinino Giorgio; Raya Antonio Armada; Romanelli Pietro; Tangolo Emanuela.** Making visible the invisible through research studies: The Didactic Therapy in Transactional Analyst's Training		**WORKSHOP | 90 min** **Lisei Enrico** The Rhythm as an element of care in Psychotherapy	**WORKSHOP | 90 min** **De Ambrogio Ugo Danilo** Organizational cultures and changing interventations: a questionnaire to know better your organization	**WORKSHOP | 90 min** **Toković Katarina, Priyanka Lenka** What decides the fate of promising spin-off through the Transactional Analysis lens in organization?			**11:30 - 12:00** **ORAL PRESENTATION | 30 min** **Johnsson Roland** What Counts as Evidence? Expanding the Foundations of Evidence-Based Transactional Analysis **12:00 - 12:30** **ORAL PRESENTATION | 30 min** **Gnirke Katharina** Boundary Organisation in Transactional Analysis: Toward an Integrative Framework for Clinical Understanding and Research **12:30 - 13:00** **ORAL PRESENTATION | 30 min** **Danovaro Daniela, De Blasio Maria Luisa** Relational Needs and Psychological Outcomes: Integrating Global and Specific Effects for a More Differentiated Clinical Formulation
13:00 - 14:30	**LUNCH TIME**										
14:30 - 16:00	**PANEL | 90 min** **Bastianelli Laura, Maria Luisa De Luca, Luca Mastromarino** Redecision Therapy and Memory Reconsolidation: From Clinical Tradition to Neurobiological Evidence	**PANEL | 90 min** **POLTAVSKAIA YULIA, Vann Joines, Y.V. Poltavskaya , V.A. Petrovsky E.N. Osin** Presentation of the Russian-Language Version of the JPAQ Personality Adaptations Questionnaire as Adapted by V. Petrovsky and Y. Poltavskaya: Modification and Modernization of the Instrument, Recent Research on the Relationship between Adaptive Styles and External Validity.	**ONLINE ACCESS** **Zoom channel 1** **Aula Magna - Paolo VI** **Zoom channel 2** **Aula 2**	**WORKSHOP | 90 min** **Ceridono Davide, Laura Bastianelli, Susanna Bianchini, Carla de Nitto, Rosanna Giacometto, Massimo Gubinelli, Cinzia Messana, Maria Teresa Tosi** Instruments for the analysis and measurement of ego states and transactions, according to the social-cognitive transactional analysis model: the ASCI/SASB model and the ANINT questionnaires for practice and research	**WORKSHOP | 90 min** **Marconcini Andrea, Alessia Anello, Adele Grottoli, Maria Cotov** Theoretical Abstraction to Empirical Measurement: Building a TA Questionnaire through the APAT Experience	**WORKSHOP | 90 min** **Santarelli Gianluca, Ugo Danilo De AMbrogio** Being a Secure Base Leader: Research Tools (Questionnaires) for Strengthening Your Leadership	**WORKSHOP | 90 min** **Tangolo Anna Emanuela, Massi Anna, Vignozzi Francesca, Romaniello Caterina** Script Analysis and change assessment				**14:30 - 15:00** **ORAL PRESENTATION | 30 min** **Stojanovic Cehajic Kristina** Philosophical Foundations of Transactional Analysis: Preliminary Findings from a Meta-Theoretical Study of Eric Berne's Work **15:00 - 15:30** **ORAL PRESENTATION | 30 min** **BAVU MULENGA, Crea Giuseppe** Script Injunctions, Substance Use, and Psychopathological Risk in Young Adults: Preliminary Findings and Italian Validation of the Script Injunctions Scale
16:00 - 16:15	**TIME FOR CHANGING ROOM**										
16:15 - 17:45	**PANEL | 90 min** **Messina Irene, Antonella Raffaella Paolillo, Enrico Benelli, Elisa Intra, Stefano Morena, Maddalena Bergamaschi, Paola Valente, Federica Zanelli** Transactional Analysis Psychotherapy for Anxiety Disorders: A Practice-Based Research Panel	**PANEL | 90 min** **Foschi Sara** Towards Practice-Based Evidence for TA in Generalised Anxiety Disorder: Building a Transnational Practitioner Research Network	**ONLINE ACCESS** **Zoom channel 1** **Aula Magna - Paolo VI** **Zoom channel 2** **Aula 2**	**WORKSHOP | 90 min** **Arianna Ascenzi, Daniela di Legge, Joaquim Josè Pereira Salvador, Susanna Bianchini** Qualitative Research on TA Psychotherapy Outcomes	**WORKSHOP | 90 min** **Hartescu Mihaela-Leocadia, Valeria Villa** Integrating the Self: A Practice-Based Inquiry into the Interplay Of Being a TA Professional on a Journey Through Parenthood	**WORKSHOP | 90 min** **CASELLA ANTONELLA** WORK-RELATED STRESS AND ROLE CONFLICT The effectiveness of Transactional Analysis tools and concepts used to address the issue	**WORKSHOP | 90 min** **Vignoli Andrea** Group psychotherapy: integration between group as a whole work and ono to one Redecision approach			**17:15 - 17:45** **ORAL PRESENTATION | 30 min** **Lewis Haley** Unspoken: How Intergenerational Messages Shape a Mother's Meaning-Making and Recovery Following Birth Trauma: A Phenomenological Enquiry	**16:15 - 16:45** **ORAL PRESENTATION | 30 min** **Tuchina Olga, Dmitri Shustov, Tatiana Agibalova** Remembering the Future: Empirical Evidence for Understanding Life Script as Implicit Future Thinking **16:45 - 17:15** **ORAL PRESENTATION | 30 min** **Chirico Laura** Assessment of the Development of Metacognitive Skills in a Group of Adolescents in Psychotherapy. Pilot Study.
17:45	**POSTER SESSION | Aula Magna - Paolo VI** Poster are exposed in the main room since the first day. Come to have a walk among posters and interact with the authors, that will be glad to introduce you in 5 minutes to their work.										
18:00 - 19:00	**SOCIAL EVENT** Welcome aperitif hosted by the Presidents of the Italian associations to celebrate 50 years of Transactional Analysis in Europe and Italy.										

POSTER SESSION | 17:45 | AULA MAGNA - PAOLO VI

1 **POSTER | De Luca Maria Luisa, Daniele Guglielmi, Giuliano Grossi**
Empirical Validation of the "Grief and Growth" Therapeutic Model: First Step for a Pilot Pre-Post Study in Perinatal Grief Psychotherapy

2 **POSTER | Mastromarino Luca**
Redecision and Memory Reconsolidation in Transactional Analysis: a study of the outcomes and processes of Redecision Therapy

3 **POSTER | Sorella Sara, Alessio Matiz, Cristiano Crescentini**
Mind wandering during sustained attention induces different psychophysiological patterns in experienced meditators and naïve participants: implications for Transactional Analysis

4 **POSTER | Daniela Danovaro, De Blasio Maria Luisa**
Relational Needs Satisfaction Profiles: A Model-Based Clustering Study and Their Associations with Psychological Functioning

5 **POSTER | Waldekranz Kerstin Cecilia, Cristina Innocenti, Neus Lòpez Calatayud**
Transactional Analyst and Mindfulness Practice: Ten Years of Experiential Pathways Useful for Practice-Based Evidence (PBE) Research.

6 **POSTER | Vasale Massimo, Baca Elzbieta, Ceridono Davide, D'Alessandris Lucio**
Measuring injunctions and drivers in psychotherapy with the ESPERO questionnaire: a naturalistic study in the CePI training clinics network

7 **POSTER | Spatola Francesca**
TA Treatment of Young Adults with Narcissistic Traits: An Integrated Two-Phase Model from Individual to Group Therapy

8 **POSTER | Ceridono Davide**
The network of CePI training clinics: instruments for practice and research in time-limited psychotherapy according Social-Cognitive Transactional Analysis model

KEYNOTE / PLENARY · PANEL · STRUCTURED DISCUSSION · WORKSHOP · ORAL PRESENTATION · POSTER SESSION · BREAK / LUNCH · SOCIAL EVENT · ONLINE ACCESS · NO SESSION SCHEDULED

* Source wording retained for durations: keynote "60/90 min"; structured discussion "60/75 min". The scheduled time bands are shown in the left column.